THE LUXE ESCAPE

BLUEPRINT

DAYDREAMS & WANDERLUST

You've been holding it down — in your work, your relationships, your life — for a long time. And maybe lately you've felt like you're running on fumes, wondering when it's your turn to exhale. This little guide is your permission slip to dream again. It's a taste of the kind of trips I design for women like us: rooted in rest, soaked in beauty, and created to help you reconnect with the version of you that still believes in wonder. This isn't just travel. This is a soft place to land.

SOFT LIFE RESET

This one's for the woman who needs to exhale.

Naples + Positano Italy

You're not looking for a checklist. You're looking for a slow, sun-drenched exhale. This escape is for the version of you who wants to linger over espresso with a journal, then wander markets without checking the time. Naples gives you grit and flavor; Positano gives you silk scarves, lemon trees, and every excuse to do less. Spa mornings. Long lunches. The kind of views that make you whisper "wow" out loud. You don't need to hustle for your peace — just show up for it.

What if you let your next trip be the reason you finally slowed down? Let the rhythm of Naples guide your mornings—espresso in hand, no alarm needed. Spend your afternoons unraveling stress on a spa terrace or learning how to knead dough in a lemon-scented kitchen in Positano.

→ Morning spa + balcony journaling

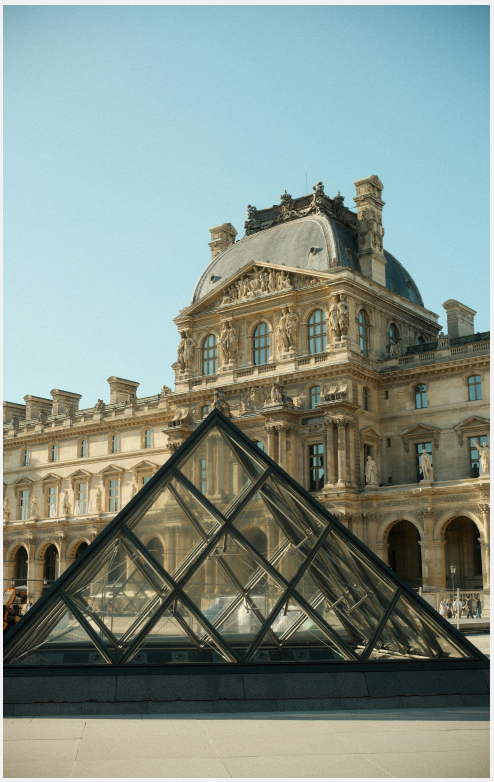
→ Slow street market + cooking class

You don't need a minute-by-minute plan. Just a soft place to land, a view you'll dream about forever, and permission to leave your urgency behind.

The Main Character Getaway

MAIN CHARACTER GETAWAY

The vibe: soft femme meets unstoppable energy.



Paris, France

This is for the woman who wants to feel like the lead in every scene — not in a flashy way, but in a centered one. Paris isn't about impressing anyone. It's about walking into a vintage shop that feels like it's been waiting for you, sipping wine by yourself at golden hour, and booking that photo shoot just because you can. Paris says, "Wear the outfit." "Take the long way." "Let them stare." And she's right.

Your next trip could be the one where you stop shrinking and start shining. Wrap yourself in a silk robe. Pick out that too-bold-to-wear dress. Wander vintage markets until you find something that feels like you. Then let the camera catch your light in a private photo shoot that says: "I was here. Fully."

→ Silk robe mornings + vintage market strolls

→ Private photo shoot at Palais-Royal

You're not too much. You're right on time. This trip doesn't ask you to perform — it invites you to remember who the story was always about.

Island Reclamation

ISLAND RECLAMATION

You don't just take up space. You own it.

Bali, Indonesia

You've been so available to everyone else. What if you were just... yours? Bali offers sacred pause. It's soft mornings with incense in the air. It's massages so good you forget your own name. It's lush and slow and full of places to sit and remember what your joy actually feels like. You don't need an itinerary here — you need space. And maybe a smoothie. And definitely a journal full of ideas you forgot you had.

Start by turning off your notifications. Then let Bali turn you back on. Wake up slow, let your body be tended to with daily massage, and let your thoughts catch up to your heart on a jungle-side journal session. Move because it feels good. Rest because you need it.

→ Daily massage + guided movement

→ Manifestation journaling under jungle skies

This isn't about "finding yourself." It's about returning to the parts of you that always knew how to be soft, strong, and whole. Come get them back.

THE COZY INTELLECTUAL ESCAPE

Perfect for the woman who romanticizes everything — including herself.

Kyoto, Japan

This isn't about escape. It's about depth. Kyoto is a quiet kind of magic — where everything feels intentional, from your morning matcha to the sound of your shoes on a stone path. You'll find yourself in vintage bookstores and museums you didn't mean to stay in for hours. There's a peacefulness here that speaks in full sentences. You don't need noise. You need beauty, stillness, and something soulful to wear while you wander.

If you crave quiet. If your brain's been loud. If you miss the feeling of being fully absorbed in something beautiful — this is the trip. Let Kyoto offer structure that soothes, not constrains. Begin the day with matcha and a shrine walk. End it with art and a bookstore you don't want to leave.

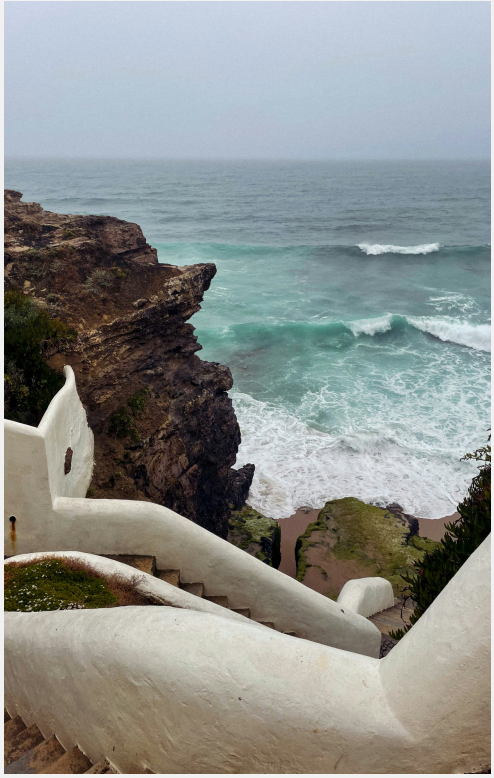
→ Morning matcha and solo shrine walks

→ Vintage bookstore browsing + art museum day

No noise. No expectations. Just a deeply nourishing rhythm that reminds you: yes, you still have a rich inner world.

THE SOUTH AFRICAN ADVENTURER

For the woman who's ready to roam, root, and rewild.



Cape Town, South Africa

You've always been curious — maybe even a little restless. Cape Town gives that part of you room to run. It's early hikes and coastline views that make your whole chest soften. It's jazz bars, rooftop drinks, and history that's alive and complicated and still being written. You can be bold here. You can be barefoot. You can wear linen and feel wild and grounded all at once. This one's not just a vacation. It's a remembering.

You don't have to "find yourself" on a mountaintop — but sunrise on Lion's Head might still shift something. Let your body move. Let your spirit wander. Then, let your senses be stunned by the taste of sunshine in a Stellenbosch wine glass.

→ Sunrise hike up Lion's Head

→ Wine tasting through the Stellenbosch region

No group tour. No itinerary stress. Just you, choosing boldness and rest in the same breath. Cape Town is your wild-hearted reset, no permission slip required.

This Is Just the Beginning

You've spent years showing up for everyone else. Being the strong one. The steady one.

But what would it look like to create something just for you?

This blueprint was just a glimpse. The custom itineraries I build aren't about boxes to check — they're about giving you back the time, freedom, and beauty you've earned. It's not travel for the sake of posting. It's travel that folds you back into yourself.

I've traveled solo across continents. I've cried in airports and laughed over dinners with strangers who became lifelong friends. And the one thing I know for sure?

You don't need to be brave. You just need to be *ready.*

- **Do you want a trip that doesn't feel like work?**
- **Do you want to rest without guilt, explore without a plan, and remember what you actually like?**
- **Do you want your next vacation to feel like coming home to yourself?**

If your head is nodding, your heart's stirring, or you just whispered "yes"...

Good News!
You're on the waitlist!

I only take on a few custom clients at a time. If this spoke to something inside you — even just a whisper — keep checking in with me for when I open up my next few spots. Your next chapter might begin somewhere new.

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